# TRAILRUNNING ROUTE FROM HIRSCHEGG TO MITTELBERGWALSER

MEDIUM TRAILRUNNING



# **TOUR DESCRIPTION**

This varied trailrunning route with several moderate uphills and downhills leads from Hirschegg down to the Breitachweg. Along the cool Breitachweg on fine gravel and without significant incline up to the height of the Hirschegg district Letze. There at the mineral spring, left uphill to Walserstraße. At the Hubertuslifts, a short, somewhat steeper uphill follows on an asphalted road towards Rohrweg. Past the Rohrsee onto a single trail between forest and meadow sections. At the height, there is a beautiful panoramic view into the Wilden- and Gemsteltal with the alpine peaks of these valleys. The Mittelberger Höhenweg then branches off onto a narrow, paved path. On this, a somewhat steeper descent to Mittelberg. From there, the route leads over the music pavilion to Bödmen and over the Breitachweg and Dürenboden back to the start of the trailrunning route.

## **ROUTE DESCRIPTION**

From the village square Hirschegg you walk along the Mühlenweg, past the Leidtobel Kabelle Maria-Hilf down to the Breitach and then towards the Letze district. Through the forest it goes again a somewhat steeper piece up to the Verwohn- & Wellnesshotel Walserhof and past the Travel Charme Ifen Hotel. Via the Oberseitestraße and a small path you reach the Rohrweg, which leads you to Mittelberg. One last piece of steep uphill and you will reach the Sonna Alp, where you can enjoy the sunset with a view of the wildental. The way back is via the same route.

#### RECOMMENDED EQUIPMENT

**EMERGENCY CALL:** 

144 Alpine emergencies Vorarlberg 112 European emergency number (works with any mobile phone/network) Weather-adapted trailrunning equipment

## **FURTHER INFO & LINKS**

#### Tips

This trailrunning route is suitable as a workout in the later afternoon on hot summer days; the route is then mostly already in the shade.

#### Further links

Nature experience map, scale 1:12,000. Available (for a fee) at the tourist information in the Walserhaus

Limitless hiking in the Kleinwalsertal. Hiking and route map with hiking guide and panorama, scale 1:25,000. Available (for a fee) at the tourist information in the Walserhaus Alpine Club map Bavarian Alps, Kleinwalsertal BY2, scale 1:25,000

←→ Distance ( Duration 1:55 H 10.4 KM ∧ Altitude meters ∧ Highest point 357 M 1366 M 1400 1350 1300 1250 1200 1150 1100 Condition Best season JAN FEB MAR JUN JUL DEC Sart: Hirschegg Goal: Mittelberg

Morning -2 °C
MOUNTAIN

-0 °C
VALLEY



Evening -2 °C
MOUNTAIN

O °C
VALLEY