

# WIDDERSTEIN TRAIL

HARD TRAILRUNNING



## TOUR DESCRIPTION

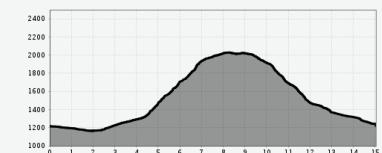
Starting from Baad, the Widderstein Trail runs along the Breitach on a wide gravel path down the valley. After an avalanche gallery, turning right through the Gemstelboden and over a wide alpine path through the Gemsteltal, past Bernhard's Gemstelalp and the Hintere Gemstelhütte. From here, the trail becomes noticeably steeper and narrower. Uphill through a temporarily exposed gorge secured with wire ropes to the Obere Gemstelhütte. From there, continuing to the right, ascending over partly somewhat rougher block terrain to the Gemstel Pass. Continuing past the Widdersteinhütte; from here the trail levels off and leads only with a slight incline up to the highest point of the Widderstein Trail. At the foot of the Widderstein almost at the height of the Hochalppass. From here follows a steep and technically somewhat demanding downhill over the rocky and rooty mountain trail down into the Bärgünntal. From the Bärgünthütte, the route widens again and a technically easy section follows to the finish in Baad.

↔ Distance  
**15.06 KM**

⌚ Duration  
**3:12 H**

▲ Altitude meters  
**904 M**

▲ Highest point  
**2039 M**



## ROUTE DESCRIPTION

Baad - Gemstelboden - Gemsteltal - Bernhard's Gemstelalp - Hintere Gemstelhütte - Obere Gemstelhütte - Widdersteinhütte - Hochalppass - Bärgünthütte - Bärgünntal - Baad

## RECOMMENDED EQUIPMENT

**EMERGENCY CALL:** 144 Alpine emergencies Vorarlberg 112 European emergency number (works with any mobile phone/network)

Weather-appropriate trail running equipment including refreshments.

## FURTHER INFO & LINKS

### Further links

The Widderstein Trail, with 15 kilometers and 980 meters of elevation gain, is the "short course" at the annual trail running event in the Kleinwalsertal. Information about the Walser Trail Challenge at [www.trailchallenge.at](http://www.trailchallenge.at)

Unlimited hiking in the Kleinwalsertal. Hiking and route map with guidebook and panorama, scale 1:25,000. Available (for a fee) at the tourist information in the Walserhaus

Alpine Club map Bavarian Alps, Kleinwalsertal BY2, scale 1:25,000

Condition

Best season

JAN FEB MAR APR MAI JUN  
JUL AUG SEP OCT NOV DEC

Start: Baad

Goal: Baad

Morning **-7 °C**

Noon **-4 °C**

Evening **-6 °C**



MOUNTAIN  
-3 °C  
VALLEY



MOUNTAIN  
3 °C  
VALLEY



MOUNTAIN  
-1 °C  
VALLEY