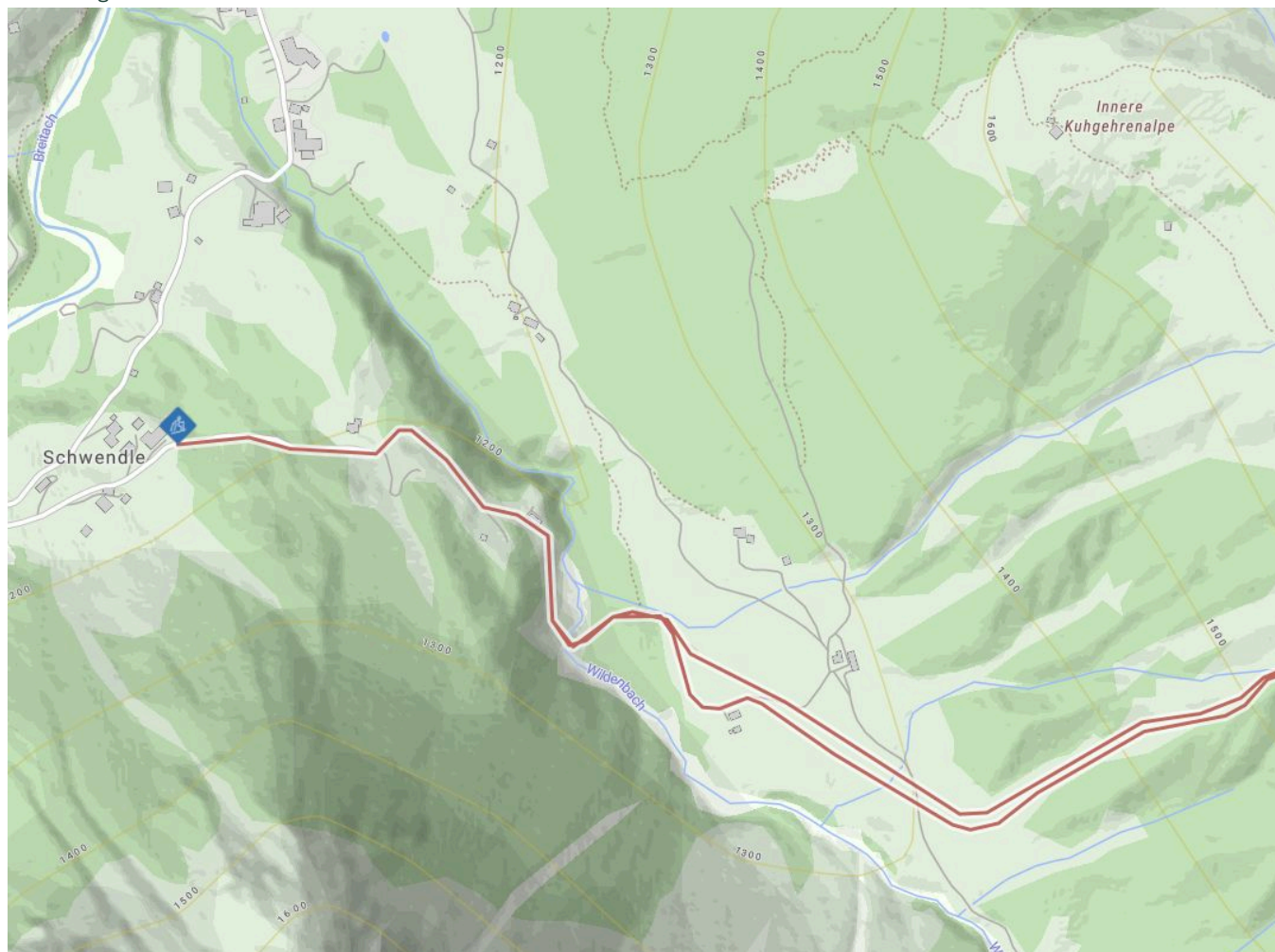


medium

Ski Touring



Everything you could wish for in a ski tour: With nearly 1,000 meters of elevation gain, the ascent is athletic and a true test of fitness. Far from
Once at the summit, a breathtaking view opens up over the Kleinwalsertal, as well as the Kuhgehrnspitze, Elfer, and Zwölfer peaks. And fina
The Wildental valley is also popular with winter hikers. Especially on the lower section of the tour, up to just before the Innere Wieselg
sports enthusiasts. With mutual respect, there's plenty of space for everyone to enjoy the natural experience.

"Experience nature consciously" stands for a respectful coexistence among winter sports lovers and with the natural environment. The Wildental is a winter sports area, which is also a nature area, designated in the Wildental, ensuring a nature-friendly winter adventure.

Ascent

The tour starts in Höfle at the Schwendle car park, which can be easily reached by bus (Walserbus from Oberstdorf). First we follow the gentle forest aisle, which is about 800m south of the upper Wiesalpe. After approx. 40 minutes (at an altitude of 1,620m) we enter the summer path from the Innerkuhgehrenalpe to the Wannenalpe at approx. 1,700m. From here we largely follow the course of the summer path east we first walk approx. 800m and then to the north we reach the rib that divides the hollow between the Walser Hammerspitze and the summit via the southern ridge. For this we strive for the saddle between Hochgehrenspitze and Walser Hammerspitze at the flattest point.

Descent

The descent runs along the ascent route. In the light forest we look for the proximity of the ascent track so as not to damage the your

RECOMMENDED EQUIPMENT

In particular the steep grass slopes in the upper area require a safe avalanche situation, so take the **avalanche report** into account! The spec of the information. Away from secured pistes, everyone is responsible for finding out about alpine dangers, especially avalanches. Ski touring

make changes to the route necessary. For experienced ski tourers.

EMERGENCY NUMBERS

- 140 Alpine Emergencies Austria wide
- 144 Alpine Emergencies Vorarlberg
- 112 Euro-Emergencies (works with every mobile network)

www.vorarlberg.travel/safety-tips

Careful planning, study the avalanche report: (https://vorarlberg.at/web/land-vorarlberg/contentdetailseite/-/asset_publisher/qA6AJ38txu0f) shovel and probe (standard), risk assessments on site always undertake, complete ski touring training.

FURTHER INFO & LINKS

Further links

How do you consciously experience nature?

Nature is so much more than the backdrop for unforgettable mountain experiences. It is a habitat for animals and plants. It provides valuable raw materials such as wood, it also protects against avalanches and mudslides and regulates the climate. It is up to us to see what we can achieve more:

Smart in NATURE

CONSCIOUS together

EXPERIENCE foresight

Smart in NATURE

Take a deep breath and recharge your batteries, be outside and feel free. When we enjoy nature, we are guests in the living room of someone's their living space with you in the future too.

Stay on paths and marked routes

If you follow the marked paths and routes, you are sure to come to new favorite places. In this way you also respect protected areas, any disturbance unnecessarily costs the wild animals the strength they need to survive.

Avoiding twilight times

Standing on a mountain at sunrise is a special experience. The morning and evening hours are also the time when most wild animals are avoided, please stay on the marked path, do not use a bright headlamp and enjoy the silence.

Stay clean & take rubbish with you

It goes without saying: You take rubbish with you again, on the mountain and in the valley. Please also organic waste, because it is common at home or in your accommodation - please remember that there are no rubbish bins in public spaces in Kleinwalsertal.

On the natural toilet

If you are looking for a quiet place, please be at least 50 m away from water. Bury excrement or cover it with a large stone. Use fallen

On tour with a dog

Are you always in control of your four-legged partner, even if he gets his nose for marmots, deer or other wild animals? You are both on guard against an attack by a grazing animal is foreseeable: leash off immediately. There are numerous dog stations in the valley for the disposal of dog waste and fields contaminates the feed and makes grazing cattle sick.

CONSCIOUS to each other

Consideration for other athletes and those looking for relaxation

Everyone loves to enjoy a special piece of earth for themselves. But most of the time we are not traveling alone. No problem, because in a respectful manner, provide support when someone needs help and always give a smile. So nothing stands in the way of friendly cooperation and

Appreciating the preservation of the cultural landscape

Alpine landscapes are touching with their contrast: Imposing peaks and natural forests alternate with gentle valleys, well-tended meadows at high altitudes is no coincidence, but the result of an interplay of natural and cultural landscapes. Behind this is the work of farmers, alpine herders. The attractiveness of the recreation and leisure area and the diversity of species are preserved. We already say thank you if we stay on the

EXPERIENCE farsighted

Safe on tour - for you and others

Whether on a ski or snowshoe tour in winter or on a mountain tour in summer, anyone who is out and about in alpine terrain has to be equipped with the right equipment. Correctly assessing alpine dangers requires a lot of knowledge and experience. Why not learn from professionals? For the planning of ski tours we recommend the maps of the German Alpine Club.



Distance

6.97 KM



Duration

4:30 H





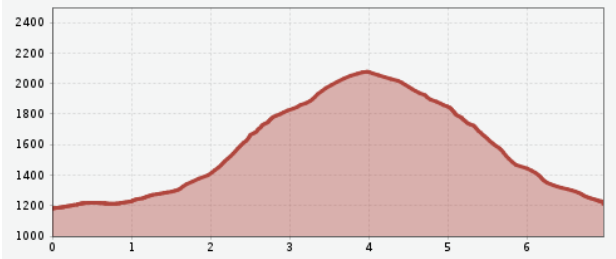
Altitude meters

988 M



Highest point

2169 M



Condition

Best season

JAN

FEB

MAR

APR

MAI

JUN

JUL

AUG

SEP

OCT

NOV

DEC

Sart: Mittelberg

Goal: Mittelberg

Morning

Noon

Evening